

# human touch® iJoy | ride

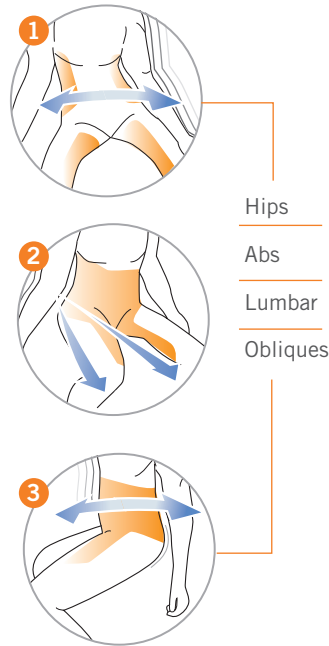
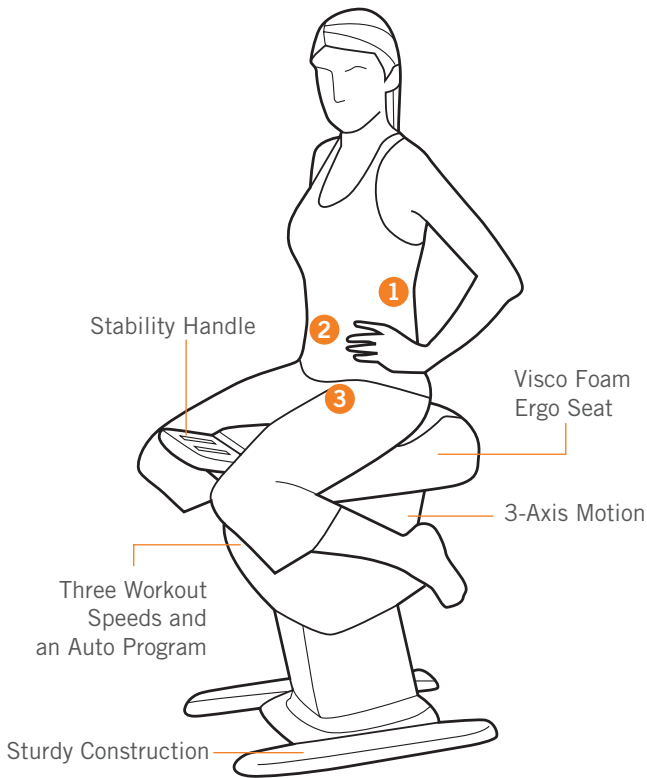


## Looking for a better way to balance fun, excitement and exercise?

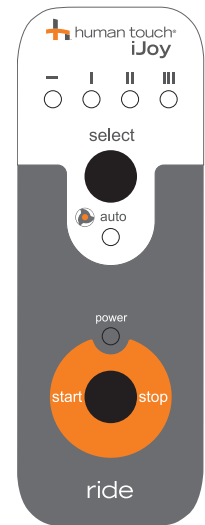
Get on track for serious core strengthening with the Human Touch® iJoy® Ride. This unique and exciting balance-trainer improves coordination skills, flattens the stomach and builds core muscle strength. It delivers the most fun you'll ever have while getting a great workout. Just sit back, try to maintain your balance, and let the iJoy Ride do all the work.

With its patented triple-axis riding motion, the iJoy Ride tones and tightens four core muscle groups — hips, abs, lumbar, obliques — without putting pressure or stress on joints. Test your skills with any of four speeds, or select the auto-program and the iJoy Ride will combine them all into a fun and challenging exercise program. Just saddle up on the comfortable Visco foam Ergo Seat, select your course and enjoy the iJoy Ride – and its many rewarding health benefits.

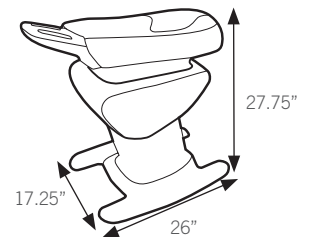
More Features For More Comfort



MESSAGE CONTROLLER – It's all at your fingertips



DIMENSIONS



Model number: IJOY-030-100-001

1-Year Limited Warranty

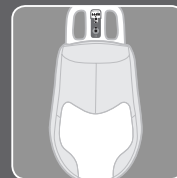
Ready. Set. Ride.

The iJoy Ride brings home several unique exercise options, firming and strengthening your hips, abs, lumbar and obliques. You'll never have more fun exercising.



4 SPEEDS

- Warm-up – Get used to the iJoy Ride's motion.
- Taking it Easy – Once you're warmed up.
- Getting Serious – Think you're ready?
- Pump it Up – A full-gallop workout.



VISCO FOAM ERGO SEAT

Visco foam padding provides a comfortable seat that molds to your body.



AUTO-PROGRAM

Let the iJoy Ride automatically cycle between all four speeds for the ultimate and most well-rounded workout.



3-AXIS MOTION

- Pitching motion – Tones the abs.
- Rolling motion – Strengthens inner thighs and mid-torso muscles.
- Yawing motion – Targets the lumbar muscles.



human touch®

Human Touch®, LLC.

3030 Walnut Ave., Long Beach, CA, 90807, USA

(800) 742-5493

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