Displays and functions

1. Hour hand
2. Minute hand
3. Button with 2 positions
4. Special relief bezel
5. Crystal with 12 touch-sensitive areas
Congratulations

We congratulate you on choosing a TISSOT® watch, one of the most highly
nenowned Swiss brands in the world. With the TISSOT® Silen-T model, you
are about to discover an entirely new way of getting to know the time. This
exclusive watch is the very first in the world to come equipped with a silent
vibrating alarm.

By virtue of its touch-sensitive technology and the vibrating unit fitted to
the movement, you can read and set the time and the alarm by pressing
the touch-sensitive crystal and the bezel. This function enables every indi-
vidual wearer to tell the time very discreetly, and offers particular benefits
to visually impaired people for whom this watch represents a long awaited
step forward.

Characteristics

This is a most unusual watch featuring ultramodern technology and it requi-
red many years of development. It also has a range of characteristic features
which have helped to give this brand the reputation it now enjoys, e.g.:
– Quartz analog movement, exclusive to Swiss manufacture, with silent
12-hour alarm,
– Special 316L steel case, water-resistant to a depth of 30 metres,
– Touch-sensitive crystal made of scratch-resistant sapphire with non-
reflective coating,
– 2 year power reserve,
– 2 year warranty.

Constructed with meticulous care from the finest materials and components,
your watch is protected against shock loadings, variations in temperature,
water and dust. To ensure that your watch functions with perfect precision
for many years to come, we advise you to pay very careful attention to the
advice provided in this booklet.

Use

Reading the time
– Activate the touch-sensitive crystal by pressing the button briefly (for less
than 2 seconds) (3).
– With your finger, run clockwise across the touch-sensitive crystal (5) at
the same time as the internal edge of the bezel (4) which features the
reference points in relief.
– Sense the vibrations, with one continuous vibration for one hour, and
one or more intermittent vibrations for the minutes and tell the time by
touching the indicator in relief which corresponds to the bezel (4).

Examples:
– 11 hours, 7 minutes = 1 continuous vibration at 11 o’clock and 2 short
intermittent vibrations at 1 o’clock.
– 5 hours 40 minutes = 1 continuous vibration at 5 o’clock and 1 succession
of short vibrations at 8 o’clock.

Whenever the 2 hands are superimposed, e.g. at 04:22, you receive one
continuous vibration at 4 o’clock interposed by 2 short vibrations.

Note: It is possible to read the minutes before the hours.

Setting the time
To set the time, proceed as follows:
– Pull out button (3).
– Place a finger on the desired hour, i.e. on the appropriate one of the relief
figures arranged around bezel (4). Wait for a continuous vibration to check
the correct time, then remove your finger. The hour hand then positions
itself over the chosen time.
– Place a finger on the desired minute (of 5 in 5), i.e. on the appropriate
one of the relief figures arranged around bezel (4). Sense 3 very short
vibrations following by longer vibrations corresponding to the number of
minutes you wish to add using the relief figures on the bezel. The minute
hand then positions itself over the chosen time.
– Confirm the setting and restart the Silen-T by pressing the button (3) at the
time signal from a reference clock.

Examples:
– 10 minutes = 3 very short vibrations at 2 o’clock
– 28 minutes = 3 very short vibrations + 3 longer vibrations at 5 o’clock.

Alarm

Checking the alarm
Activate the touch-sensitive crystal (5) by pressing the button (3) briefly
(for less than 2 seconds).
– Run your finger anticlockwise around the touch-sensitive crystal (5).
– First of all, sense the hours (continuous vibration) then the minutes (inter-
mittent vibrations).
– After 10 seconds, or after pressing the button (3), the hands will once
again display the correct time.

Setting the alarm
– Activate the touch-sensitive crystal (5) by applying downward pressure on
the button (3) for more than 4 seconds until a short vibration is issued. The
hands then position themselves on the programmed alarm time.
– Refer to section on setting the time: same principle applies.

Activation and deactivation of the alarm
– Activate the alarm by pressing the button (3) briefly for less than
2 seconds.
– Place your finger on the 12 o’clock area. After 2 seconds, 2 vibrations indi-
cate that the alarm has been activated. After holding your finger against
the touch-sensitive crystal for more than 5 seconds, the alarm test is
activated.
– To deactivate the alarm, press button (3) and hold it down for less than
2 seconds. Place your finger on the 6 o’clock area. After 2 seconds, a
single vibration informs you that the alarm has been deactivated.

Alarm signal and stop functions
– Alarm signal function: a series of 7 intermittent vibrations, repeated after
1 minute.
– Alarm stop function: press the button (3).

Note: The alarm does not remain active automatically. Instead, you need to
activate it each time you wish to use it.
Silen-T

Synchronization
This operation can only be performed visually, and it enables you to synchronize the hands to the vibration signals. To do this:
– Press the button (3) for more than 2 seconds.
– Sense a first vibration.
– By holding your finger down on the button (3), sense a second vibration after 10 seconds.
– Position the hour hand at 12 o’clock by placing a finger on the crystal (5) at 9 or 10 o’clock to move the hour hand anticlockwise or at 2 or 3 o’clock to move the same hand in a clockwise direction.
– Position the minute hand at 12 o’clock by placing a finger on the crystal (5) at 7 or 8 o’clock to move the minute hand anticlockwise or at 4 or 5 o’clock to move the same hand in a clockwise direction.
Please note: After 10 seconds when the Silen-T is not in use, the hands once again show the correct time and a single press on the button (3) activates the touch-sensitive crystal (5), regardless of the function previously used. After 8 minutes of operation without the button (3) being pulled out, the Silen-T moves into “standby” mode (power-saving mode).

Care and maintenance
We would advise you to clean your watch regularly (except for the leather strap) using a soft cloth and warm soapy water. After immersion in salty water, rinse it in fresh water and leave it to dry completely.
Ensure that you do not leave it to dry in places subject to great variations in temperature and humidity, in direct sunlight or near strong magnetic fields.
TISSOT® quartz watches benefit from the incomparable precision of quartz movements. Their power reserve usually enables them to operate for more than 2 years in continuous use. If you ever plan not to be wearing your watch for a period of several weeks, or even several months, we would advise you to pull out the button before putting your watch away (3). This reduces the level of electrical power drawn off by the motor, thereby substantially extending the service life of the batteries.
Replacing the batteries
When your batteries are approaching the end of their useful service life, this is signalled to you with two vibrations each time you handle the watch. The first of these is short, and the second is longer (E.O.L. function). The 2 batteries need to be replaced simultaneously without delay by either a retailer or an official TISSOT® agent.
Type: Renata 350, 1,55 V, Ø 11,60 mm, h. 3.6 mm.

Collection and treatment of end of life quartz watches*
This symbol indicates that this product should not be disposed with household waste. It has to be returned to a local authorized collection system. By following this procedure you will contribute to the protection of the environment and human health. The recycling of the materials will help to conserve natural resources.
* valid in the EU member states and in any countries with corresponding legislation.