

ORC
Colored Rubber Grip Olympic Plates

Body-Solid[®]
 Built for Life



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Body-Solid Colored Rubber Grip Olympic Plates are encased in durable, heavy-duty rubber to prevent scuffing or damage to equipment, walls or floors. Impact-resistant, these Olympic Plates will not split, crack or peel. Quad-grip design guarantees safer and easier performance than any other plate on the market. They are also impervious to rusting, chipping, flaking or losing their color, and the integrated metal sleeve provides a smooth, secure fit onto any Olympic bar.

Special Features

- Encased in heavy impact-resistant rubber
- Quad-grip design
- Impervious to rusting, chipping, flaking or losing their color
- Metal sleeve provides a secure fit onto any Olympic bar

Item #	Weight	Width	Diameter	Color
ORC2.5	2.5lb	1"	7 ¹ / ₄ "	Grey
ORC5	5lb	1 ¹ / ₄ "	8 ¹ / ₄ "	Dark Blue
ORC10	10lb	1 ¹ / ₄ "	10 ³ / ₄ "	Green
ORC25	25lb	1 ³ / ₄ "	13 ³ / ₄ "	Yellow
ORC35	35lb	1 ³ / ₄ "	15 ³ / ₄ "	Blue
ORC45	45lb	2"	17 ³ / ₄ "	Red